

# Principles and Practice of Clinical Research

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# PPCR

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## Reviews, opinions and insights for future clinical trials: an overview of PPCR journal

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Dear Colleagues, authors and readers of PPCR

We are pleased to release the third issue of Principles and Practice of Clinical Research (PPCR – ISSN 2378- 1890). In this edition, four articles are available encompassing various areas of medical research. First, Camargo et al., in a short review, discuss skin anatomical characteristics and conditions that can influence endothelial function. In a second review, Khurana exposes the different aspects of the long anterior zonule phenotype and proposes some insights for future clinical trials. Thibaut & Laureys provide a systematic review on brain stimulations for patients with disorders of consciousness. The authors emphasize the importance of future controlled clinical trials to improve the understanding of potential treatments in such patients. Finally, Teixeira Santos et al. propose a mini review of the effects of transcranial direct current stimulation on working memory in elderly. They mention the interesting effects about it, however better parameters still need to be identified in order to improve the benefits of such stimulations.

These four articles, that cover diversified areas of clinical research, provide a nice overview of the state of the art in each specific field, as well as interesting insights and the challenges that need to be addressed in future clinical trials.

This issue illustrates the main goal of our journal, which is to promote the work and training of clinical researchers in various fields of research. We encourage our readers, both clinicians and researchers, to submit clinical trials, interesting case reports, study protocols or systematic review to our journal. We hope to receive many valuable manuscripts for the upcoming editions.

With our very best regards!